

Pre-Fall Panther Week - Skills for Bridging the Gap Retreat Itinerary

FRIDAY, August 16th	SATURDAY, August 17th	SUNDAY, August 18th	MONDAY, August 19th
<p>8:00-9:00am</p> <ul style="list-style-type: none"> • Breakfast <p>9:00-10:00am</p> <ul style="list-style-type: none"> • Bridging the Gap training session #1 (Why Build Bridges?) <p>10:15am</p> <ul style="list-style-type: none"> • Depart from Prin • On the bus: "Ethic of Bridge Building" • Lunch on bus <p>1:30-3:00pm</p> <ul style="list-style-type: none"> • Arrive at CedarS • Welcome meeting • Find cabins/small groups • Unpack <p>3:00-4:45pm</p> <ul style="list-style-type: none"> • Bridging the Gap Training Session #2 (Listening) <p>5:00-6:00pm</p> <ul style="list-style-type: none"> • CedarS tour <p>6:00-7:00pm</p> <ul style="list-style-type: none"> • Dinner <p>7:00-10:00pm</p> <ul style="list-style-type: none"> • Evening activities TBD (Capture the flag, pickleball tournament, swim in pool, etc.) 	<p>Early - TBD (optional)</p> <ul style="list-style-type: none"> • Early Bird Activity • Bible Lesson study <p>8:00-8:45am</p> <ul style="list-style-type: none"> • Breakfast <p>8:45-9:00am</p> <ul style="list-style-type: none"> • Inspirational message <p>9:15-12:30pm</p> <ul style="list-style-type: none"> • Morning activities: Low ropes <p>12:30pm-1:15pm</p> <ul style="list-style-type: none"> • Lunch <p>1:15-2:30pm</p> <ul style="list-style-type: none"> • Break (Pool/gym open) <p>2:30-4:15pm</p> <ul style="list-style-type: none"> • Bridging the Gap Training Session #3 (Sharing Your Story) <p>4:15-6:15pm</p> <ul style="list-style-type: none"> • Choice of activities (see below) <p>6:15-7:00pm</p> <ul style="list-style-type: none"> • Dinner <p>7:00-8:30pm</p> <ul style="list-style-type: none"> • Bridging the Gap: Lay It On The Line <p>8:30-10:00pm</p> <ul style="list-style-type: none"> • Evening activities TBD (continue conversation, arts/crafts, movie, gym, night hike, etc.) 	<p>Early - TBD (optional)</p> <ul style="list-style-type: none"> • Early Bird Activity <p>8:45-9:30am</p> <ul style="list-style-type: none"> • Breakfast <p>10:00-11:00am</p> <ul style="list-style-type: none"> • Praise service / Small group faith conversations <p>11:00am-12:00pm</p> <ul style="list-style-type: none"> • Games on the green TBD <p>12:00-1:00pm</p> <ul style="list-style-type: none"> • Lunch <p>1:00-3:00pm</p> <ul style="list-style-type: none"> • Bridging the Gap Training Session #4 (Engaging Tension Constructively) <p>3:00-5:00pm</p> <ul style="list-style-type: none"> • Choice of activities (see below) <p>5:00-6:00pm</p> <ul style="list-style-type: none"> • Foil Dinner Prep <p>6:00-10:00pm</p> <ul style="list-style-type: none"> • Campfire Dinner • Field Games, Evening activities 	<p>7:00-8:00am</p> <ul style="list-style-type: none"> • Packing/cleaning <p>8:00-8:45am</p> <ul style="list-style-type: none"> • Breakfast <p>9:00am</p> <ul style="list-style-type: none"> • Depart CedarS <p>12:15pm</p> <ul style="list-style-type: none"> • Arrive at Prin <p>12:30pm</p> <ul style="list-style-type: none"> • Lunch on campus at Prin

CHOICE OF ACTIVITIES: Horseback riding, kayaking/paddleboarding, fishing, pool, waterslide, zip line, Leap of Faith (a high ropes activity), archery, sports (pickleball, basketball, soccer, ultimate frisbee, disc golf, etc.)

NOTE: Itinerary is subject to change.